

the long way bernard moitessier

The Long Way Bernard Moitessier: A Journey Beyond the Horizon

the long way bernard moitessier is more than just a phrase; it encapsulates an extraordinary chapter in the history of sailing and human adventure. Bernard Moitessier, a French sailor and writer, is best known for his remarkable decision during the 1968-69 Sunday Times Golden Globe Race, when he chose to forgo finishing the race and instead sailed on a much longer, spiritual journey across the globe. This story is not only about seamanship but also about the pursuit of freedom, self-discovery, and the profound connection between man and the sea.

Who Was Bernard Moitessier?

Before diving into the details of the long way Bernard Moitessier took, it's worth understanding the man behind the legend. Born in 1925, Moitessier was a passionate sailor, writer, and environmentalist. His love for the ocean was deeply spiritual, and he often described the sea as a place where he found peace and clarity. Unlike many racers who viewed sailing purely as a competitive sport, Moitessier saw it as a way of life.

Early Sailing Career and Philosophy

Moitessier began his sailing adventures in the 1950s and quickly gained a reputation for his skill and resilience. What set him apart was his philosophical approach to sailing. He believed that sailing should be in harmony with nature, not a battle against it. This mindset influenced his decisions during the Golden Globe Race and his subsequent voyages.

The Golden Globe Race: Setting the Stage for the Long Way

The Golden Globe Race of 1968 was the first solo non-stop around-the-world yacht race. The objective was straightforward but daunting: sail single-handedly around the world without stopping. Moitessier entered the race aboard his 39-foot ketch, Joshua, a boat he had built himself, which reflected his minimalist and practical approach.

Why the Long Way?

As the race progressed, Moitessier found himself in a unique position. He was among the leaders and poised to win. However, after rounding Cape Horn, instead of heading to the finish line in England, he made the astonishing decision to continue sailing around the world one more time, effectively doubling the length of his journey. This meant he would not win the race, nor claim the fame and fortune that came with it.

The reasons behind this choice were deeply personal. Moitessier felt that returning to the competitive world and media circus would betray the spiritual essence of his voyage. He famously wrote in a letter: "For me, the sea is the last refuge of the true wildness of Earth, and I want to keep this freedom intact." Choosing the long way was a statement about freedom, nature, and the meaning of adventure.

The Voyage of Joshua: Details of the Long Way

Moitessier's extended journey aboard Joshua covered approximately 37,455 miles, a grueling and solitary trip that lasted over ten months. Sailing through some of the most treacherous waters on the planet, Moitessier demonstrated incredible seamanship, endurance, and an intimate understanding of the ocean's moods.

Challenges Faced

Sailing solo for such an extended period meant confronting isolation, unpredictable weather, and the constant need for vigilance. Moitessier dealt with storms around the Cape of Good Hope and the Southern Ocean, where waves can tower and winds rage relentlessly. Yet, he embraced these challenges as part of the experience.

Life at Sea: Daily Routine and Mindset

Unlike a conventional race-focused skipper, Moitessier's daily routine was governed by rhythm and reflection rather than speed. His time was divided between maintaining the boat, navigating, and moments of contemplation. He recorded his thoughts and observations in journals, which later became the basis of his acclaimed book, "The Long Way."

Legacy of the Long Way Bernard Moitessier Took

The story of Moitessier's long way has inspired generations of sailors, adventurers, and readers around the world. His decision to prioritize personal fulfillment over competition challenged traditional notions of success and achievement.

Influence on Sailing Culture

Moitessier became a symbol of the purest form of sailing — one that values harmony with nature and personal transformation. His journey encouraged sailors to embrace the ocean's beauty and mystery rather than merely conquering it. Many solo circumnavigators today cite him as a key influence in their approach to long-distance sailing.

Environmental and Philosophical Impact

Beyond sailing, Moitessier's reflections on the environment and humanity's relationship with nature resonate strongly in today's context. He was an early voice advocating for ecological awareness and simplicity, making his story relevant for those interested in sustainable living and environmental ethics.

Lessons from the Long Way Bernard Moitessier Chose

There are several valuable lessons we can learn from Moitessier's extraordinary voyage, whether we are sailors or simply seekers of meaning in life.

- **Trust Your Instincts:** Moitessier's choice to continue sailing rather than finishing the race demonstrates the importance of listening to your inner voice, even when it goes against external expectations.
- **Embrace Solitude:** His journey highlights how solitude can be a powerful tool for self-discovery and clarity.
- **Respect Nature:** Sailing with respect and humility toward the ocean is a central theme in his story, reminding us to live harmoniously with our environment.
- **Define Success Personally:** Moitessier redefined success not by winning but by staying true to his values and passions.

Tips for Solo Sailors Inspired by Moitessier

For those inspired by the long way Bernard Moitessier sailed, here are some practical tips for solo ocean voyaging:

1. **Prepare Thoroughly:** Understand your boat, navigation, and weather patterns inside out.
2. **Maintain Mental Health:** Build routines that balance work and relaxation to manage isolation.
3. **Practice Self-Sufficiency:** Learn to repair your equipment and manage provisions carefully.
4. **Stay Connected to Purpose:** Keep your reasons for sailing close to your heart to stay motivated.

Exploring Bernard Moitessier's Writings: The Long Way Book

One of the best ways to truly appreciate the essence of the long way Bernard Moitessier took is to read his own words. His book, simply titled "The Long Way," is a vivid and poetic account of his voyage. It blends adventure narrative with philosophical musings, offering readers a window into the soul of a man who chose the sea over the shore, freedom over fame.

Why Read "The Long Way"?

Moitessier's prose is both engaging and thought-provoking. Whether you're a sailor or not, the book invites reflection on what it means to live authentically and courageously. It also provides practical insights into the art of sailing, making it a valuable read for enthusiasts.

The Long Way Bernard Moitessier Took Continues to Inspire

Even decades after Bernard Moitessier's epic journey, the long way he sailed remains a powerful metaphor for choosing a path less traveled. His story encourages us to look beyond conventional goals and to find meaning in the journey itself. For anyone drawn to the sea, adventure, or personal growth, Moitessier's legacy is a beacon guiding toward a deeper and richer experience of life.

Whether you dream of solo sailing, yearn for a simpler life, or seek inspiration to forge your own unique path, the long way Bernard Moitessier chose offers timeless wisdom and a stirring call to listen to the call of the horizon.

Frequently Asked Questions

Who is Bernard Moitessier in 'The Long Way'?

Bernard Moitessier is a French sailor and author known for his solo circumnavigation of the globe, which he documented in his book 'The Long Way'.

What is the main theme of 'The Long Way' by Bernard Moitessier?

'The Long Way' explores themes of adventure, solitude, self-discovery, and the spiritual connection between man and the sea during Moitessier's solo sailing journey.

When was 'The Long Way' by Bernard Moitessier first published?

'The Long Way' was originally published in 1971, chronicling Moitessier's experiences during the 1968-1969 Golden Globe Race.

What makes Bernard Moitessier's journey in 'The Long Way' unique?

Moitessier famously abandoned the official Golden Globe Race finish and continued sailing non-stop around the world, choosing the spiritual fulfillment of the voyage over competition.

How did 'The Long Way' impact sailing literature?

'The Long Way' is considered a classic in sailing literature, inspiring countless sailors and readers with its poetic narrative and philosophical reflections on life at sea.

What type of boat did Bernard Moitessier sail in 'The Long Way'?

Bernard Moitessier sailed a 39-foot steel ketch named Joshua during his circumnavigation documented in 'The Long Way'.

Is 'The Long Way' by Bernard Moitessier based on a true story?

Yes, 'The Long Way' is a true account of Bernard Moitessier's solo circumnavigation and his participation in the 1968-1969 Golden Globe Race.

Additional Resources

The Long Way Bernard Moitessier: A Journey Beyond the Race

the long way bernard moitessier is more than just a phrase; it encapsulates a legendary tale of maritime adventure, introspection, and defiance. Bernard Moitessier, a French sailor and author, became an iconic figure in the world of solo sailing, particularly noted for his unconventional approach during the first Golden Globe Race in 1968. His decision to take "the long way" around the world, bypassing the race's finish line, resonates as a profound statement on the relationship between man, nature, and the pursuit of meaning beyond competition.

Understanding Bernard Moitessier's Voyage

To appreciate the significance of the long way Bernard Moitessier took, it's essential to contextualize his journey within the era and the dynamics of the Golden Globe Race. The race was the first solo

nonstop round-the-world yacht race, attracting sailors eager to prove their mettle against the elements and themselves. Moitessier's vessel, the Joshua, was a modest 39-foot ketch, built for endurance rather than speed, reflecting his pragmatic and philosophical approach to sailing.

Moitessier's decision to forgo the race's conclusion by continuing eastward toward Tahiti rather than returning to England shocked the sailing community. This choice was driven by a deep spiritual connection to the sea and a rejection of the commercial and media frenzy surrounding the event. His journey epitomizes a form of sailing that prioritizes harmony with nature and personal enlightenment over competitive accolades.

The Philosophy Behind the Long Way

Moitessier's writings and interviews reveal that the long way was not just a physical route but a metaphorical path. He described the ocean as a sanctuary, a place where external pressures dissipated, and authenticity emerged. Unlike many competitors who viewed the race as a contest to be won at all costs, Moitessier perceived the voyage as a transformative experience.

This philosophy influenced his decision to abandon the race leaderboard even when victory was within reach. By continuing into the Pacific, Moitessier sought to preserve the purity of his journey, aligning with his belief that true sailing was about freedom and communion with the natural world. His choice highlighted the tension between modern competitive sports and timeless human quests for meaning.

Technical Aspects of the Joshua and Moitessier's Sailing Style

The Joshua was not designed to be the fastest boat in the race but rather the most reliable. Constructed with robust materials and equipped for long-term self-sufficiency, it embodied Moitessier's values of simplicity and resilience. His sailing style emphasized careful observation of weather patterns, sail management, and patience, setting him apart from competitors who often pushed their vessels aggressively.

This approach had practical benefits. The Joshua's sturdiness helped Moitessier endure harsh conditions without significant damage, while his conservative navigation minimized risks. It also allowed him to sail with a lighter mental load, supporting his quest for inner peace. In contrast, other racers frequently faced equipment failures or exhaustion due to more aggressive tactics.

Impact on Solo Sailing and Maritime Culture

The long way Bernard Moitessier chose had a lasting impact on the sailing community. His narrative and reflections inspired a generation of sailors to reconsider motivations behind long-distance voyages. The emphasis shifted from mere competition to personal growth, environmental respect, and adventure as a holistic experience.

Moreover, his journey contributed to evolving yacht design philosophies that balance speed with sustainability and safety. Modern solo sailors often cite Moitessier as a pioneer who demonstrated that victory is not solely measured by crossing a finish line first but by the quality and authenticity of the journey itself.

Comparisons With Other Solo Sailing Legends

While Moitessier's contemporaries such as Robin Knox-Johnston completed the Golden Globe Race and achieved public acclaim, Moitessier's legacy is distinctive for its philosophical depth. Knox-Johnston's victory was celebrated as a triumph of human endurance and skill, whereas Moitessier's long way underscores a different kind of triumph—one of self-realization and harmony.

Comparing these approaches offers insight into diverse attitudes within the solo sailing community. Where Knox-Johnston embraced the competitive spirit, Moitessier challenged it, highlighting that the meaning of success can vary profoundly. This contrast enriches the narrative of solo sailing history, illustrating how personal values shape maritime endeavors.

Relevance of Moitessier's Journey in Contemporary Sailing

Today, the principles embodied in the long way Bernard Moitessier sailed resonate strongly amid growing environmental awareness and the quest for sustainable adventure tourism. His emphasis on minimalism, respect for nature, and mental well-being aligns with modern trends in sailing and outdoor exploration.

Additionally, Moitessier's story serves as a reminder of the importance of introspection and resisting societal pressures. In an age dominated by instant gratification and competition, his voyage encourages sailors and adventurers to consider deeper motivations and embrace journeys that enrich the soul rather than merely the resume.

- **Legacy in Literature:** Moitessier's books, such as "The Long Way" (originally "La Longue Route"), remain essential reading for sailors and enthusiasts.
- **Influence on Yacht Design:** His preference for robust, manageable vessels informs current yacht-building philosophies.
- **Environmental Advocacy:** His respect for the ocean anticipates contemporary environmental consciousness in maritime activities.

The long way Bernard Moitessier took is not just a navigational choice but a symbol of a broader worldview—one that values the journey over the destination and embraces the sea as a teacher rather than a mere challenge. His story continues to inspire those who seek more than speed or trophies in their maritime adventures, offering a timeless lesson on the art of sailing and the pursuit of authentic freedom.

[The Long Way Bernard Moitessier](#)

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the long way bernard moitessier: *The Long Way* Bernard Moitessier, 1996-10-01 The Long Way is Bernard Moitessier's own incredible story of his participation in the first Golden Globe Race, a solo, non-stop circumnavigation rounding the three great Capes of Good Hope, Leeuwin, and the Horn. For seven months, the veteran seafarer battled storms, doldrums, gear-failures, knock-downs, as well as overwhelming fatigue and loneliness. Then, nearing the finish, Moitessier pulled out of the race and sailed on for another three months before ending his 37,455-mile journey in Tahiti. Not once had he touched land.

the long way bernard moitessier: *Long Way Home* Stuart MacDonald, 2014-11-24 In his days as a young seaman Stuart MacDonald dreamt of sailing away on his own, but a career at sea and later in business got in the way. Finally at the age of sixty four he quit work and set off from Scotland. With no fixed idea of how long he would be away, or how far he would get, he reaches the Caribbean and decides to head through the Panama Canal into the Pacific and on to New Zealand. After two years of carefree cruising in the Pacific, the trip gets tougher and in Australia he almost gives up. The book follows Stuart to the end of his four year adventure and is full of colourful descriptions of the places he visits, the characters he meets and the long ocean voyages. There are good times, tough times, romance, humour, and some sadness. It's a very real experience, whether you are a sailor a dreamer or both.

the long way bernard moitessier: *Tamata and the Alliance* Bernard Moitessier, 1995 The adventures of Bernard Moitessier--French sailor, explorer and writer, in his own words. This memoir encompasses his childhood in Southeast Asia, his war experience fighting the Viet Minh, and his numerous sea exploits.

the long way bernard moitessier: Cape Horn Bernard Moitessier, 2003-04 This is more than the narrative of a voyage. It tells of the Moitessiers' honeymoon trip from Europe to the islands of the Pacific and back along the logical route via Cape Horn, a path chosen for its speed. 15 line drawings and maps.

the long way bernard moitessier: *A History of Solitude* David Vincent, 2020-05-06 Solitude has always had an ambivalent status: the capacity to enjoy being alone can make sociability bearable, but those predisposed to solitude are often viewed with suspicion or pity. Drawing on a wide array of literary and historical sources, David Vincent explores how people have conducted themselves in the absence of company over the last three centuries. He argues that the ambivalent nature of solitude became a prominent concern in the modern era. For intellectuals in the romantic age, solitude gave respite to citizens living in ever more complex modern societies. But while the search for solitude was seen as a symptom of modern life, it was also viewed as a dangerous pathology: a perceived renunciation of the world, which could lead to psychological disorder and anti-social behaviour. Vincent explores the successive attempts of religious authorities and political institutions to manage solitude, taking readers from the monastery to the prisoner's cell, and explains how western society's increasing secularism, urbanization and prosperity led to the development of new solitary pastimes at the same time as it made traditional forms of solitary communion, with God and with a pristine nature, impossible. At the dawn of the digital age, solitude has taken on new meanings, as physical isolation and intense sociability have become possible as never before. With the advent of a so-called loneliness epidemic, a proper historical understanding of the natural human desire to disengage from the world is more important than ever. The first full-length account of its subject, *A History of Solitude* will appeal to a wide general readership.

the long way bernard moitessier: *Round About the Earth* Joyce E. Chaplin, 2012-10-30 In this first full history of around-the-world travel, Joyce E. Chaplin brilliantly tells the story of circumnavigation. *Round About the Earth* is a witty, erudite, and colorful account of the outrageous

ambitions that have inspired men and women to circle the entire planet. For almost five hundred years, human beings have been finding ways to circle the Earth—by sail, steam, or liquid fuel; by cycling, driving, flying, going into orbit, even by using their own bodily power. The story begins with the first centuries of circumnavigation, when few survived the attempt: in 1519, Ferdinand Magellan left Spain with five ships and 270 men, but only one ship and thirty-five men returned, not including Magellan, who died in the Philippines. Starting with these dangerous voyages, Joyce Chaplin takes us on a trip of our own as we travel with Francis Drake, William Dampier, Louis-Antoine de Bougainville, and James Cook. Eventually sea travel grew much safer and passengers came on board. The most famous was Charles Darwin, but some intrepid women became circumnavigators too—a Lady Brassey, for example. Circumnavigation became a fad, as captured in Jules Verne's classic novel, *Around the World in Eighty Days*. Once continental railroads were built, circumnavigators could traverse sea and land. Newspapers sponsored racing contests, and people sought ways to distinguish themselves—by bicycling around the world, for instance, or by sailing solo. Steamships turned round-the-world travel into a luxurious experience, as with the tours of Thomas Cook & Son. Famous authors wrote up their adventures, including Mark Twain and Jack London and Elizabeth Jane Cochrane (better known as Nellie Bly). Finally humans took to the skies to circle the globe in airplanes. Not much later, Sputnik, Gagarin, and Glenn pioneered a new kind of circumnavigation—in orbit. Through it all, the desire to take on the planet has tested the courage and capacity of the bold men and women who took up the challenge. Their exploits show us why we think of the Earth as home. *Round About the Earth* is itself a thrilling adventure.

the long way bernard moitessier: Uphill All the Way Alan Sears, 1998 Called the world's toughest yacht race, the BT Global Challenge lived up to its name in every respect. Sailing 30,000 miles around the world the wrong way, the crews braved icebergs, snowstorms and hurricane force winds. yet the fourteen identical yachts taking part were crewed by amateurs, many with little or no previous sailing experience.

the long way bernard moitessier: Shakedown Cruise Nigel Calder, 2018-05-01 Long before he was one of America's leading yachting writers, Nigel Calder was a novice cruiser with ambitions grander than his experience. Nigel and his partner Terrie were young and foolish, with a home-built boat that was new and untested, one child already and another on the way - but they were determined to complete an adventurous 18-month voyage from New Orleans to Venezuela and back. It was the voyage that made Calder the yachtsman he is today, a marvellous romp through the West Indies, seeing an unspoilt Caribbean, while learning hard-won lessons from direct experience - troubleshooting engines, kedging off shoals and reefs, and most importantly navigating Nada, a yacht that quickly became very much part of the burgeoning Calder family too. An adventure story and a colourful travelogue in one, *Shakedown Cruise* is a must-read for all who are curious about what it takes to become a cruising sailor or create an adventurous life, as well as those who are just looking to sail along with Nigel and his family.

the long way bernard moitessier: My Old Man and the Sea David Hays, Daniel Hays, 1995-01-05 A story of adventure on a small boat, for fathers, for sons, and for those who love them. On this voyage the father relinquishes control, the son becomes the captain, and before long they are utterly alone, with only the huge waves of Cape Horn, a compass, a sextant, a pet cat, and the tiny boat they've built together. The account of the passage, related in alternating sections by father and son, will be read with delight 100 years from now.--William F. Buckley, *The New York Times* Book Review, front page; A must read for sailors of the sea and of the heart.--Eco Traveler. Over three months as a *New York Times* Bestseller. A Literary Guild and a Nautical Book Club selection.

the long way bernard moitessier: Windward Passage Jim Nisbet, 2010-04-29 Jim Nisbet is a cult favorite in Europe and it's easy to see why. He's a lot more than just good . . . his style has overtones of Walker Percy's smooth southern satin, but his characters--losers, grifters, con men--hark back to the days of James M. Cain's twisted images of morality, writes the *Toronto Globe-Mail*. In the tradition of Jim Thompson and Damon Runyon, Jim Nisbet is too good to miss and *Windward Passage* is a masterpiece that raises the bar even for a master like Nisbet. In the parallel

near-future, a ship named for a jellyfish sinks into the Caribbean with its captain chained to the mast. Left behind is a logbook missing ten pages, presidential DNA hidden in a brick of smuggled cocaine, and a nearly-completed novel. Topsy, the dead sailor's sister, and Red Means, his erstwhile employer, travel from San Francisco to the Caribbean and back as they attempt to unravel a mystery that rapidly widens from death at sea to international conspiracy. With verve and humor to match the *Illuminati Trilogy*, Nisbet has fashioned an engaging facsimile of our modern world, albeit with snappier dialogue, amped-up technology, and even more clearly stated political prejudices. Neither Norman Mailer nor Truman Capote has in their writing been able to produce such an intensity as Nisbet has achieved, writes Germany's *Die Welt*. Pick up *Windward Passage* and see why.

the long way bernard moitessier: *Storm Tactics Handbook* Larry Pardey, Lin Pardey, 2008-10-02 <p> Since writing the previous edition of <i>Storm Tactics Handbook</i>, Lin and Larry have voyaged an additional 55,000 miles. This has taken them as far north as Norway, twice across the Atlantic, south to Argentina and into the Pacific, around Cape Horn contrary to the prevailing winds then on a North Pacific circuit. With insights gained from these recent voyages, they have fully revised and expanded this text by more than 40% including seven completely new chapters - among them;</p><p><i>Lessons from Cape Horn,</i></p><p><i>An interview on storm survival and heaving to with the late Sir Peter Blake,</i></p><p><i>Heaving-to using a Gale Rider on 55 foot Morgan's Cloud,</i></p><p><i>Adding Rudder Protection Stops</i>. </p><p>Discussions on avoiding chafe, building and using storm staysails, choosing storm gear, when to deploy para-anchors, tactics for avoiding the worst areas of cyclonic storms and many more have been expanded to answer questions posed by readers and seminar attendees.</p>

the long way bernard moitessier: *Rowing After the White Whale* James Adair, 2013-04-18 What's it like to be on a small boat with no power but oars, and over 1,500 miles from the nearest land? Two friends decided to find out... Over a boozy Sunday lunch, flatmates James Adair and Ben Stenning made a promise to row across an ocean despite having no sailing or rowing experience whatsoever. This is an account of their 116 days at sea as they undertook the voyage of a lifetime. From eerie calms to their capsize in stormy seas, their determination and perseverance pushed them through the relentless dangers of rowing and sleeping under sun, moon, wind and stars for day upon day. Their tale is one of moonbows and meteor showers, passing whales and thieving fish, lurking sharks and giant squid ... and a terrifying fight for survival.

the long way bernard moitessier: *Bas Jan Ader* Alexander Dumbadze, 2013-05-27 On July 9, 1975, Dutch-born artist Bas Jan Ader set sail from Chatham, Massachusetts, on a thirteen-foot sailboat. He was bound for Falmouth, England, on the second leg of a three-part piece titled *In Search of the Miraculous*. The damaged boat was found south of the western tip of Ireland nearly a year later. Ader was never seen again. Since his untimely death, Ader has achieved mythic status in the art world as a figure literally willing to die for his art. Considering the artist's legacy and concise oeuvre beyond the romantic and tragic associations that accompany his peculiar end, Alexander Dumbadze resituates Ader's art and life within the conceptual art world of Los Angeles in the early 1970s and offers a nuanced argument about artistic subjectivity that explains Ader's tremendous relevance to contemporary art. Bas Jan Ader blends biography, theoretical reflection, and archival research to draw a detailed picture of the world in which Ader's work was rooted: a vibrant international art scene populated with peers such as Ger van Elk, William Leavitt, and Allen Ruppersberg. Dumbadze looks closely at Ader's engagement with questions of free will and his ultimate success in creating art untainted by mediation. The first in-depth study of this enigmatic conceptual artist, *Bas Jan Ader* is a thoughtful reflection on the necessity of the creative act and its inescapable relation to death.

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the long way bernard moitessier: *Into the Ice* Mark Synnott, 2025-04-15 New York Times bestselling author Mark Synnott has climbed with Alex Honnold. He's scaled Mount Everest. He's

pioneered big-wall first ascents, including the north-west face of the mile-high Great Trango Tower, and skied monster first descents. But in 2022, he realized there was a dream he'd yet to achieve: to sail the Northwest Passage in his own boat-- a feat only four hundred or so sailors have ever accomplished—and in doing so, try to solve the mystery of what happened to legendary nineteenth-century explorer Sir John Franklin and his ships, HMS Erebus and Terror. Only a few hundred vessels have ever transited the Northwest Passage, and substantially fewer have done so in a fiberglass-hulled boat like Polar Sun. But Mark was determined to return to the Arctic, where he cut his teeth as a young climber, and in the process investigate one of the great mysteries of exploration: What really happened to Sir John Franklin and his entire 128-man crew, which disappeared into these ice-strewn waters 175 years ago? In this pulse-pounding travelogue, Mark Synnott paints a vivid portrait of the Arctic, which is currently warming twice as fast as any other part of our planet. He weaves its history and people into the first-person account of his epic journey through the Northwest Passage, searching for Franklin's tomb along the way-- all while trying to avoid a similar fate. In *Into the Ice*, Mark and his crew race against time and treacherous storms in search of answers to the greatest mystery of all time: What is it that drives someone to risk it all in the name of exploration?

the long way bernard moitessier: Downstream Toward Home Oliver A. Houck, 2014-10-06 American rivers are among the most diverse and challenging in the world, and for many the excitement and escape they offer develops into a lifelong pursuit. In *Downstream Toward Home*, Oliver A. Houck recounts his six decades exploring America's waterways, from unnamed creeks and Louisiana swamps to the rivers of western canyons and the Alaskan tundra. This engaging travelogue leads readers down over thirty-two rivers found across the country. Along the way Houck provides quiet observations as he finds footprints of red wolves on a sandbank or paddles through an aqueous forest of cypress trees. Collectively, these moments of adventure and introspection reveal his distinct and extraordinary vision of the national landscape. From the thrill of approaching rapids to the peace of resting on a shoal, Houck's narrative draws from history and personal experience subtly to remind us how each body of water plays an outsized role in its surrounding environment. At once a journal, a primer, and a guide, *Downstream Toward Home* is an invitation to create our own experiences on America's rivers.

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the long way bernard moitessier: *Caribbean Passagemaking* Les Weatheritt, 2015-05-01 The chain of islands from the Virgins to the southern Lesser Antilles is one of the most desirable tropical cruising grounds as well as the most accessible for North American and European sailors. The Caribbean Sea is usually benign, but the conditions are very different from your home waters—you must learn to sail with the grain of wind, weather, current, and climate, or these forgiving waters will turn into a punishingly rough old sea. Learn to sail in harmony with the winds and currents that surround the Virgins, the Leewards, and the Windwards, and your Caribbean sailing experience will be the good one you deserve. This updated third edition of *Caribbean Passagemaking* is an entertaining mine of information for the sun-soaked passage planner as well as the dreamer back home. Here is the full, vital background to help skipper and crew enjoy sailing the Caribbean islands. Topics include: How to achieve easier passagemaking and sail in comfort Which are the safe and easy harbors How to spot the weather windows Prevailing winds and currents Ideal equipment for Caribbean waters Plus a wealth of practical, down-to-earth hints and tips.

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