

gender affirming care history

Gender Affirming Care History: A Journey of Understanding and Empowerment

gender affirming care history is a story of resilience, medical innovation, and evolving societal attitudes toward transgender and non-binary individuals. This journey reflects not only the progress in healthcare but also the ongoing fight for recognition, dignity, and well-being for people whose gender identity differs from the sex they were assigned at birth. Exploring this history offers valuable insights into how gender affirming care has developed over time, the challenges faced, and the hopes for more inclusive and compassionate healthcare in the future.

The Origins of Gender Affirming Care

The roots of gender affirming care can be traced back to the early 20th century, a time when medical understanding of gender identity was rudimentary and often pathologized. Early pioneers in the field sought to differentiate gender identity from biological sex, laying the groundwork for treatments that would align an individual's physical characteristics with their experienced gender.

Early Medical Interventions

One of the earliest documented cases of gender affirming medical intervention dates back to the 1930s, with Dr. Magnus Hirschfeld in Germany. Known as a sexologist and advocate for sexual minorities, Hirschfeld established the Institute for Sexual Science in Berlin, where some of the first gender confirmation surgeries and hormone therapies were performed. These early procedures were experimental and rare but marked a significant shift toward recognizing transgender identities in medical contexts.

In the United States, the mid-20th century saw figures like Dr. Harry Benjamin, who is often credited with formalizing gender affirming care. His work in the 1950s and 1960s helped establish protocols for hormone replacement therapy (HRT) and surgical procedures. Benjamin's book, **The Transsexual Phenomenon** (1966), was groundbreaking in framing transgender experiences in a medical and psychological context, influencing healthcare providers and the emerging transgender community alike.

Key Milestones in Gender Affirming Care History

As society's understanding of gender evolved, so too did the medical practices and social acceptance surrounding gender affirming care. Several milestones stand out as pivotal in the broader history of care for transgender and gender non-conforming people.

The Development of Hormone Replacement Therapy

Hormone replacement therapy became a cornerstone of gender affirming care by the late 20th century. HRT involves administering estrogen or testosterone to help align an individual's secondary sexual characteristics with their gender identity. This treatment not only impacts physical appearance but also plays a crucial role in psychological well-being.

The widespread adoption of HRT was preceded by decades of research into endocrinology and the effects of hormones on the human body. By the 1970s and 1980s, clinics specializing in transgender healthcare began to emerge in major cities around the world, providing access to hormone therapies under medical supervision.

Advancements in Surgical Techniques

Surgical options have also expanded and improved significantly over the decades. Early surgeries were often invasive and carried high risks, but advancements in microsurgery, anesthesia, and post-operative care have made gender confirmation surgeries safer and more effective.

Some of the most common procedures include chest reconstruction, vaginoplasty, phalloplasty, and facial feminization surgery. These surgeries are tailored to the individual's needs and goals, emphasizing the personalized nature of gender affirming care.

Social and Legal Context Influencing Gender Affirming Care

The history of gender affirming care cannot be separated from the social and legal environments in which it developed. Access to care has often been shaped by cultural attitudes, legal recognition of gender identity, and advocacy by transgender activists.

The Role of Activism and Community Advocacy

Transgender activism has played a crucial role in advancing access to gender affirming care. From the Stonewall riots in 1969 to the present day, transgender individuals and allies have fought for recognition, rights, and healthcare access.

Community-led organizations have been instrumental in educating both the public and medical professionals about transgender health needs. These efforts have helped destigmatize gender diversity and push for healthcare policies that respect and affirm gender identity.

Legal Recognition and Healthcare Policies

Legal recognition of gender identity—such as the ability to change one's name and gender marker on

official documents—has direct implications for accessing gender affirming care. Countries and regions vary widely in their policies, with some offering comprehensive coverage for gender affirmation treatments, while others maintain restrictive or exclusionary practices.

In recent years, many healthcare systems and insurance providers have begun to include gender affirming treatments as medically necessary, reflecting a growing consensus in the medical community about the importance of such care for overall health outcomes.

Modern Perspectives and the Future of Gender Affirming Care

Today, gender affirming care is recognized as an essential part of healthcare for transgender and non-binary individuals. The focus has shifted toward a holistic, patient-centered approach that respects autonomy and diversity.

Expanding Access and Inclusion

One of the most significant contemporary challenges is expanding access to gender affirming care across different demographics and geographic areas. Rural communities, people of color, youth, and economically disadvantaged individuals often face greater barriers to care.

Efforts to train healthcare providers in cultural competence and transgender health are helping to remove these barriers. Telehealth services have also become a vital tool in reaching underserved populations, especially during the COVID-19 pandemic.

Innovations in Care and Research

Ongoing research continues to improve hormone protocols, surgical techniques, and mental health support tailored to transgender patients. Emerging areas include fertility preservation, non-binary affirming treatments, and pediatric gender care, which involves careful, multidisciplinary approaches to support young people exploring their gender identity.

Affirming Care Beyond Medical Interventions

Gender affirming care also encompasses social support, legal assistance, and mental health services. Recognizing that affirmation involves more than physical changes has led to integrated care models that address the whole person's needs.

This comprehensive approach helps reduce rates of anxiety, depression, and suicidality among transgender individuals, underscoring the life-saving nature of affirming care.

Understanding the Past to Shape a Better Future

Reflecting on the gender affirming care history reveals a dynamic interplay between medicine, culture, and human rights. Each step forward has been hard-won, often in the face of misunderstanding and discrimination. Yet, the progress made offers hope and guidance for continuing to build healthcare systems that affirm and empower all individuals, regardless of gender identity.

By learning from this rich history, healthcare providers, policymakers, and communities can work together to ensure gender affirming care is accessible, respectful, and rooted in compassion for generations to come.

Frequently Asked Questions

What is gender affirming care?

Gender affirming care refers to a range of social, psychological, behavioral, and medical interventions designed to support and affirm an individual's gender identity, especially for transgender and gender diverse people.

When did gender affirming care first begin to be recognized in medical practice?

Gender affirming care began to be recognized in medical practice in the mid-20th century, with early work by clinicians such as Harry Benjamin in the 1950s who developed protocols for hormone therapy and surgeries for transgender individuals.

How has the approach to gender affirming care evolved over time?

The approach to gender affirming care has evolved from pathologizing transgender identities to emphasizing informed consent, individualized care, and the recognition of gender diversity as a normal variation of human experience.

What role did the Harry Benjamin Standards of Care play in gender affirming care history?

The Harry Benjamin Standards of Care, first published in 1979, were among the first formal guidelines for providing medical treatment to transgender individuals and have influenced subsequent protocols and professional standards globally.

How have legal and social changes impacted the history of gender affirming care?

Legal and social changes, including increased recognition of transgender rights and anti-discrimination laws, have improved access to gender affirming care and reduced stigma, although

disparities and barriers remain in many regions.

What are some key milestones in the history of gender affirming surgeries?

Key milestones include the first gender confirmation surgeries in the early 20th century, the development of more advanced surgical techniques in the 1960s and 1970s, and the increasing availability and insurance coverage for these procedures in recent decades.

Additional Resources

Gender Affirming Care History: Tracing the Evolution of Medical and Social Practices

gender affirming care history reveals a complex tapestry of medical, social, and ethical developments spanning over a century. This field, centered on supporting transgender and gender-diverse individuals in aligning their physical characteristics and lived experiences with their gender identity, has undergone significant transformation. From early experimental surgeries to contemporary multidisciplinary approaches, understanding the history of gender affirming care provides crucial context for ongoing debates and advances in transgender healthcare.

Early Beginnings: Pioneering Medical Interventions

The origins of gender affirming care can be traced back to the early 20th century, a period marked by groundbreaking yet rudimentary surgical interventions. One notable figure was Magnus Hirschfeld, a German physician and sexologist who, in the 1920s, advocated for the rights and medical treatment of transgender individuals. Hirschfeld's Institute for Sexual Science in Berlin became a pioneering center offering hormone treatments and surgeries, although these were limited and experimental by today's standards.

In the 1930s, the first known gender confirmation surgeries were performed, notably by surgeons like Dr. Harold Gillies and later Dr. Michael Dillon. These early procedures were often risky and lacked standardized protocols, reflecting limited medical understanding and social stigma. Nonetheless, they laid the foundational framework for what would evolve into modern gender affirming surgeries such as vaginoplasty, phalloplasty, and mastectomy.

Medical Advancements and Hormone Therapy

The introduction of hormone replacement therapy (HRT) in the mid-20th century marked a significant milestone in gender affirming care history. Estrogen and testosterone treatments enabled transgender individuals to develop secondary sexual characteristics aligned with their gender identity without immediate surgical intervention. The pioneering work of endocrinologists, including Harry Benjamin, helped establish standardized protocols in the 1960s and 1970s.

Benjamin's 1966 publication, "The Transsexual Phenomenon," was influential in framing transgender healthcare within a medical context, emphasizing the importance of psychological evaluation

alongside physical treatment. His work contributed to the development of the “Harry Benjamin Standards of Care,” which guided practitioners worldwide for decades.

Social and Legal Contexts Shaping Gender Affirming Care

The history of gender affirming care is inseparable from the broader social and legal landscapes that have influenced accessibility and acceptance. Throughout much of the 20th century, transgender individuals faced profound discrimination, legal barriers, and social invisibility. This hostility often limited access to care and forced many to seek treatment through underground or informal channels.

The late 20th century saw increasing visibility and activism within transgender communities, which catalyzed changes in healthcare provision. The 1970s and 1980s brought about more formalized clinics dedicated to transgender health, often within larger urban centers. Mental health professionals began advocating for depathologization, challenging the notion of gender dysphoria as a disorder and emphasizing affirmation and support.

Legal reforms also played a critical role. Changes in laws concerning identification documents, anti-discrimination policies, and healthcare coverage gradually improved the environment for gender affirming care. However, disparities remain, especially in regions with conservative policies or limited healthcare infrastructure.

Standards of Care and Ethical Considerations

The World Professional Association for Transgender Health (WPATH), established in 1979, has been instrumental in setting international standards for gender affirming care. The WPATH Standards of Care (SOC) have evolved through successive editions, reflecting advances in research and shifting social attitudes.

Key features of the SOC include multidisciplinary assessment, informed consent, and individualized treatment plans. Ethical considerations have increasingly emphasized patient autonomy, cultural competence, and the minimization of gatekeeping practices that historically limited access to care.

Modern Developments and Emerging Trends

In recent decades, gender affirming care history has culminated in a more holistic and patient-centered approach. Advances in surgical techniques, such as penile inversion vaginoplasty and radial forearm flap phalloplasty, have improved outcomes and reduced complications. Hormone therapy protocols have become more nuanced, incorporating non-binary and gender-fluid identities.

Additionally, pediatric gender affirming care has garnered attention, with guidelines supporting early social affirmation and, when appropriate, puberty blockers to delay unwanted secondary sex characteristics. These interventions aim to improve mental health outcomes and quality of life for transgender youth, although they remain subject to political and ethical debates.

Technology and telemedicine have expanded access to care, particularly in underserved areas. Online platforms facilitate remote consultations, hormone management, and peer support, marking a significant shift from the historically centralized and exclusive nature of gender affirming care.

Challenges and Opportunities Ahead

Despite progress, challenges persist in the delivery of gender affirming care. Disparities related to race, socioeconomic status, and geographic location continue to impact access and quality. Insurance coverage remains inconsistent, and some regions have enacted restrictive laws limiting care for transgender individuals, especially minors.

Research gaps also exist, with ongoing needs for long-term outcome studies and culturally sensitive approaches that recognize diverse gender identities. Moreover, mental health support integrated within gender affirming care remains critical, given the elevated rates of depression, anxiety, and suicidality in transgender populations.

- **Pros of Modern Gender Affirming Care:** Improved surgical techniques, comprehensive hormone therapy, increased patient autonomy, and multidisciplinary support.
- **Cons and Challenges:** Healthcare access disparities, ongoing stigma, political resistance, and limited research on long-term effects.

As societal understanding of gender continues to evolve, gender affirming care history underscores the importance of adaptive, evidence-based, and compassionate healthcare frameworks.

The trajectory of gender affirming care history demonstrates a gradual but profound shift from experimental and stigmatized interventions toward inclusive, patient-centered medical practices. This evolution reflects broader cultural changes and ongoing efforts within the medical community to respect and affirm diverse gender identities. The continuing refinement of care standards and the expansion of access promise to further enhance the wellbeing of transgender and gender-diverse individuals worldwide.

[Gender Affirming Care History](#)

gender affirming care history: [A History of Transgender Medicine in the United States](#)
Carolyn Wolf-Gould, Dallas Denny, Jamison Green, Kyan Lynch, 2025-02-01 The most comprehensive history of transgender medicine to date, as told by more than forty scholars, physicians, psychologists, and activists from trans, gender-diverse, and allied medical communities. Arriving at a critical moment in the struggle for transgender rights, [A History of Transgender Medicine in the United States](#) takes an empathic approach to an embattled subject. Sweeping in scope and deeply personal in nature, this groundbreaking volume traces the development of transgender medicine across three centuries-centering the voices of transgender individuals, debunking myths about

gender-affirming care, and empowering readers to grasp the complexities of this evolving field. More than forty contributors—including patients, advocates, physicians, psychologists, and scholars—weave an illuminating, sometimes surprising narrative of collaboration and conflict between trans people and the scientists who have studied and worked with them. An indispensable guide to understanding the current tumult surrounding trans health-care access in the United States, the volume underscores a crucial message: gender diversity is not a new phenomenon but an integral part of our shared human history.

gender affirming care history: *A Clinician's Guide to Gender-Affirming Care* Sand C. Chang, Anneliese A. Singh, lore m. dickey, 2018-12-01 Transgender and gender nonconforming (TNGC) clients have complex mental health concerns, and are more likely than ever to seek out treatment. This comprehensive resource outlines the latest research and recommendations to provide you with the requisite knowledge, skills, and awareness to treat TNGC clients with competent and affirming care. As you know, TNGC clients have different needs based on who they are in relation to the world. Written by three psychologists who specialize in working with the TGNC population, this important book draws on the perspective that there is no one-size-fits-all approach for working with TNGC clients. It offers interventions tailored to developmental stages and situational factors—for example, cultural intersections such as race, class, and religion. This book provides up-to-date information on language, etiquette, and appropriate communication and conduct in treating TGNC clients, and discusses the history, cultural context, and ethical and legal issues that can arise in working with gender-diverse individuals in a clinical setting. You'll also find information about informed consent approaches that call for a shift in the role of the mental health provider in the position of assessment and referral for the purposes of gender-affirming medical care (such as hormones, surgery, and other procedures). As changes in recent transgender health care and insurance coverage have provided increased access for a broader range of consumers, it is essential to understand transgender and gender nonconforming clients' different needs. This book provides practical exercises and skills you can use to help TNGC clients thrive.

gender affirming care history: *The History and Future of Correctional Psychology* Philip R. Magaletta, Marguerite Ternes, Marc Patry, 2023-08-30 This edited volume provides a comprehensive overview of correctional psychology, considering the history and future of the practice. With contributions from expert leaders in the field of correctional psychology – the application of psychological evaluation, treatment, and management of offenders in jails, prisons, and other correctional settings – the early history is presented through a series of brief biographical sketches of the field's early pioneers. Moving forward, the period of growth and development of key concepts that advanced and matured the field is presented. Finally, directions that remain relevant as the future of correctional psychology unfolds are presented. Ideal for correctional psychology practitioners, students of correctional and forensic psychology, and those interested in the history of psychology, this unique volume traces the ongoing development of a crucial area of psychological practice.

gender affirming care history: *A Historical Journey Through Transgender Lives: Key Events, Figures, and Shifts in Identity* Alexis Whitehead, In an era where understanding gender and identity has become paramount, *A Historical Journey Through Transgender Lives* unravels a compelling narrative that traces the evolution of transgender experiences. This book delves into key events, inspiring figures, and societal shifts that have shaped the transgender community. With a captivating hook that draws readers into the depths of history, the introduction sets the stage for an engaging exploration. It highlights the transformative power of the transgender movement, showcasing its impact on our understanding of identity, equality, and social justice. Through meticulous research and insightful storytelling, the book provides a comprehensive overview of transgender experiences across time and cultures. It sheds light on the challenges and triumphs faced by transgender individuals, offering a profound understanding of their resilience, determination, and the indomitable spirit that drives them. This book not only documents the past but also offers insights into the present and future of transgender advocacy. It empowers readers

with a deeper understanding of the issues affecting the transgender community, equipping them with the knowledge and empathy needed to foster a more inclusive and just society.

gender affirming care history: Trans Barrier History Mira Donnelly, AI, 2025-04-07 Trans Barrier History uncovers the historical and systemic discrimination faced by trans individuals, focusing on how institutional and social barriers have impeded trans equality. The book reveals that these pervasive obstacles are deeply embedded in societal norms and legal frameworks, leading to significant disparities in areas like employment, healthcare, and legal recognition. Readers will gain insights into the historical denial of equitable employment opportunities and the inadequacies within healthcare systems, understanding how these factors contribute to ongoing marginalization. The book analyzes the evolution of societal attitudes toward trans people and the shifting legal landscapes, demonstrating how the denial of basic rights is a result of systemic prejudice. It examines discriminatory hiring practices, denial of medical care, and the difficulties in obtaining accurate legal documentation through case studies and archival research. Furthermore, it emphasizes the interconnectedness of these barriers, showing how challenges in one area, such as obtaining proper identification, can exacerbate problems in others, like securing employment or healthcare access. Using an interdisciplinary approach, Trans Barrier History integrates perspectives from history, gender studies, law, and sociology, offering a comprehensive understanding of these challenges. The book progresses by first establishing a historical groundwork, then presenting detailed case studies, and finally analyzing the intersections of these barriers. This approach aims to equip readers with a deeper understanding of systemic discrimination and promote inclusive policies.

gender affirming care history: Trans and Gender Diverse Ageing in Care Contexts Michael Toze, Paul Willis, Trish Hafford-Letchfield, 2024-07-19 With insights from trans and non-binary scholars and practitioners and those with lived experience, this book outlines what good care and support for older trans and non-binary people looks like. It enables practitioners in public and community services to develop their knowledge and skills to ensure their practice is affirmative and inclusive.

gender affirming care history: TRANSforming Education: Infusing Gender Sensitive Care into Healthcare Curricula Christine Rodriguez, 2025-01-16 “Christine Rodriguez has created a valuable resource for nurses to deepen their understanding of personhood and humanity, drawing from their own knowledge and experiences. This book is essential for all nurses, offering insights on improving patient care and fostering allyship.” -Jennifer Mensik Kennedy, PhD, RN, NEA-BC, FAAN 38th President of the American Nurses Association “I commend Dr. Christine Rodriguez for developing a timely, deeply insightful, and practical resource for nurses who are not afraid to tackle one of healthcare’s most pressing and challenging issues. This book should be adopted as a coursebook in all nursing, medical, public health, and allied health programs.” -Daniel E. Dawes, JD Founding Dean, Meharry School of Global Health Trans and gender-diverse patients face significant barriers to respectful, comprehensive healthcare. Provider ignorance shouldn’t be one of them. TRANSforming Nursing Education supplies the context to help readers understand the gaps and missteps in providing healthcare to this marginalized population and explains how we can better treat these patients. Author Christine Rodriguez tackles tough subjects—and tough statistics—head on. This no-nonsense guide is packed with inclusive case studies, immersive simulation-based scenarios, checklists, and ready-to-use templates on everything from social transitioning to hormone therapy to surgeries and potential complications, all with thoughtful, reflective questions to guide readers in their understanding of the gender-diverse community. TRANSforming Nursing Education answers key questions, like: · What is the difference between sex, gender, gender identity, gender expression, and sexual orientation? · How can we improve healthcare education and onboarding to better serve trans and gender-diverse patients? · What is binary language, and how does it impact trans and gender-diverse people? · What barriers in healthcare settings marginalize trans and gender-diverse patients, and how can we be more inclusive and better meet their needs? · What types of medical and surgical interventions are available for individuals who want to affirm their

gender identity? TABLE OF CONTENTS Foreword by Marci L. Bowers, MD Chapter 1: Our Diverse World Chapter 2: S3: Simply Startling Statistics Chapter 3: Creating Gender-Affirming Healthcare Spaces Chapter 4: Social Transitioning and Gender-Affirming Garments and Accessories Chapter 5: Gender-Affirming Hormone Therapy and Its Effects Chapter 6: Gender-Affirming Surgeries and Requirements Chapter 7: Trauma Care and the Gender-Diverse Patient Chapter 8: TRANSforming Healthcare Curricula Chapter 9: TRANSforming Healthcare Curricula II Chapter 10: Infusing Gender Sensitivity Into Simulation-Based Education Chapter 11: Our Inclusive Future Chapter 12: Glossary of Terminology

gender affirming care history: *Gender Affirming Surgery, An Issue of Oral and Maxillofacial Surgery Clinics of North America, E-Book* Russell E. Ettinger, 2024-04-03 In this issue of Oral and Maxillofacial Surgery Clinics, guest editor Dr. Russell E. Ettinger brings his considerable expertise to the topic of Gender Affirming Surgery. Top experts in the field discuss key topics such as 3D and virtual treatment planning, surgery complications, the upper, middle, and lower aspects of the face, and more. - Contains 10 relevant, practice-oriented topics including facial feminization: middle third of the face; post-operative complications and pitfalls of facial gender affirming surgery and how to avoid them; preoperative radiology and virtual surgical planning; facial feminization: upper third of the face; facial feminization: lower third of the face; and more. - Provides in-depth clinical reviews on gender affirming surgery, offering actionable insights for clinical practice. - Presents the latest information on this timely, focused topic under the leadership of experienced editors in the field. Authors synthesize and distill the latest research and practice guidelines to create clinically significant, topic-based reviews.

gender affirming care history: *The Sage Encyclopedia of LGBTQ+ Studies, 2nd Edition* Abbie E. Goldberg, 2023-01-05 The SAGE Encyclopedia of LGBTQ Studies, 2nd Edition will be a broad, interdisciplinary product aimed at students and educators interested in an interdisciplinary perspective on LGBTQ issues. This far-reaching and contemporary set of volumes is meant to examine and provide understandings of the lives and experiences of LGBTQ individuals, with attention to the contexts and forces that shape their world. The volume will address questions such as: What are the key theories used to understand variations in sexual orientation and gender identity? How do LGBTQ+ people experience the transition to parenthood? How does sexual orientation intersect with other key social locations (e.g., race) to shape experience and identity? What does LGBTQ+ affirmative therapy look like? How have anti-LGBTQ ballot measures affected LGBTQ people? What are LGBTQ+ people's experiences during COVID-19? How were LGBTQ+ people impacted by the Trump administration? What is life like for LGBTQ+ people living outside the United States? This encyclopedia will be a unique product on the market: a reference work that looks at LGBTQ issues and identity primarily through the lenses of psychology, human development, and sociology, and emphasizing queer, feminist, and ecological perspectives on this topic. Entries will be written by top researchers and clinicians across multiple fields - psychology, human development, gender/queer studies, sexuality studies, social work, nursing, cultural studies, education, family studies, medicine, public health, and sociology - contributing to approximately 450-500 signed entries. All entries will include cross-references and Further Readings.

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gender affirming care history: *The Cambridge World History of Sexualities: Volume 1, General Overviews* Merry E. Wiesner-Hanks, Mathew Kuefler, 2024-04-30 Volume I offers historiographical surveys and general overviews of central topics in the history of world sexualities. Split across twenty-two chapters, this volume places the history of sexuality in dialogue with anthropology, women's history, LGBTQ+ history, queer theory, and public history, as well as examining the impact Freud and Foucault have had on the history of sexuality. The volume continues by providing overviews on the sexual body, family and marriage, the intersections of sexuality with race and class, male and female homoerotic relations, trans and gender variant sexuality, the sale of sex, sexual violence, sexual science, sexuality and emotion, erotic art and literature, and the material culture of sexuality.

gender affirming care history: Diversity and Inclusion in Quality Patient Care Marcus L. Martin, Sheryl Heron, Lisa Moreno-Walton, Michelle Strickland, 2018-09-28 This new edition focuses on bias in health care and provides a variety of case examples related to the timely topics of unconscious bias and microaggressions encountered by patients, students, attending and resident physicians, nurses, staff, and advanced practice providers in various healthcare settings. The proliferation of literature on unconscious bias and microaggressions has raised public awareness around these concerns. This case compendium discusses strategies and addresses professional responses to bias in health care and extends beyond the individual patient and healthcare provider into the communities where biased assumptions and attitudes exist. Recognizing that ethnic minorities, the elderly, the poor, and persons with Medicaid coverage utilize the emergency department at higher rates than the general population, this compendium also builds upon the case studies from the first edition to cover a broader array of underserved minority groups. *Diversity and Inclusion in Quality Patient Care: Your Story/Our Story - A Case-Based Compendium, 2nd Edition* is an essential resource for attending and resident physicians, nurses, staff, advanced practice providers, and students in emergency medicine, primary care, and public health.

gender affirming care history: The Washington Manual of Medical Therapeutics Siri Ancha, Christine Auberle, Cash Devin, Mohit Harsh, 2022-08-22 The Washington Manual® of Medical Therapeutics, 37th Edition, provides essential information you need for successful patient care, with concise, high-yield content that reflects today's fast-changing advances in medical technology and therapeutics. Written by faculty, residents, and fellows and edited by chief residents of the distinguished Washington University School of Medicine in St. Louis, the Washington Manual presents brief, logical approaches to diagnosis and management of commonly encountered medical conditions, including new therapies that improve patient outcomes. Discover why housestaff and faculty around the world depend on this best-selling resource for day-to-day clinical practice in internal medicine.

gender affirming care history: *Transgender Medicine, An Issue of Endocrinology and Metabolism Clinics of North America* Vin Tangpricha, 2019-05-05 This issue of Endocrinology and Metabolism Clinics, Guest Edited by Dr. Vin Tangpricha, will focus on Transgender Medicine. This issue is one of four issues selected per year by the series Consulting Editor, Adriana Ioachimescu. Topics include, but are not limited to, Epidemiology of Transgender, Etiology of Gender Expression and Identity, Hormone therapy in children and adolescents, Transfeminine Hormone Therapy, Transmasculine Hormone Therapy, Dermatologic Conditions in Transgender persons, Gender Affirming Surgery, Fertility Considerations in Transgender persons, Transgender Medicine in the Military, Transgender Medicine in the Elderly, Mental Health in Transgender Persons, Primary Care in Transgender Persons, Cancer Risk in Transgender Persons, Osteoporosis, HIV in Transgender Persons, and Education Needs of Providers of Transgender Populations.

gender affirming care history: Transgender and Gender Diverse Children and Adolescents, An Issue of Child And Adolescent Psychiatric Clinics of North America, E-Book Scott Liebowitz, Serena Chang, Natalia Ramos, 2023-09-23 In this issue of Child and Adolescent Psychiatric Clinics, guest editors Drs. Scott Liebowitz, Serena Chang, and Natalia Ramos bring their considerable expertise to the topic of Transgender and Gender Diverse Children and Adolescents. Top experts in the field cover key topics such as complex psychiatric histories and gender diverse/transgender youth; neurodiversity and transgender/gender diverse youth: the co-occurrence; individual affirming care: psychological and social approaches to trans and gender diverse youth; psychosocial family treatments and navigating family dynamics; and more. - Contains 16 relevant, practice-oriented topics including gender in youth; beyond sex and gender: dimensions across child and adolescent development; gender affirming medical treatments; perspectives: being a trans psychiatrist/provider; and more. - Provides in-depth clinical reviews on transgender and gender diverse children and adolescents, offering actionable insights for clinical practice. - Presents the latest information on this timely, focused topic under the leadership of experienced editors in the field. Authors synthesize and distill the latest research and practice guidelines to create clinically

significant, topic-based reviews.

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gender affirming care history: An Internist's Path Niharika Sathe, Alexandra Lane, Jenny Melli, Kahyun Yoon-Flannery, 2025-09-30 Internal Medicine is a broad specialty that encompasses both acute and chronic conditions in all organ systems. While its breadth and varied practice settings are part of the appeal of internal medicine training, it can also be daunting to choose a path as an early career physician. This book aims to review the varied traditional and non-traditional paths that an internist's career may take, as well as practical advice in navigating life after training. Topics covered include deciding on a fellowship, choosing the scope of practice, finding a niche within general medicine, the many roles of an internist, the job search, and career advancement tips. Also covered are many areas rarely discussed - the death of a patient, delivering bad news, getting sued, medical burnout, and more - as well as managing the work-life balance.

gender affirming care history: Case Studies in Clinical Practice with Trans and Gender Non-Binary Clients lore m. dickey, 2021-04-21 Exploring clinical examples of the lived experiences of trans people across the lifespan, this unique and authoritative book addresses topics such as attending school, puberty, employment issues, suicide, bullying, autism and intersecting identities. Divided into three sections, childhood, adolescence, and adulthood, the book brings the case studies to life and dispels common myths by including short responses from leading professional experts. By enabling a greater knowledge of work with trans people and therefore filling an important gap in available literature, *Case Studies in Clinical Practice with Trans and Gender Non-Binary Clients* allows mental health providers to understand the nuanced differences of handling clinical concerns for their trans clients.

gender affirming care history: Gender-Affirming Psychiatric Care Teddy G. Goetz, M.D., M.S., Alex S. Keuroghlian, M.D., 2023-11-08 *Gender-Affirming Psychiatric Care* is dedicated to providing affirming, intersectional, and evidence-informed psychiatric care for transgender,

non-binary, and/or gender-expansive (TNG) people. The handbook discusses epidemiology, the neuroscience of gender, and psychopharmacological considerations. The minority stress model is invoked throughout, with attention to multiply marginalized communities: those who are Two-Spirit, Black, Asian American, and Pacific Islander; those who are neurodivergent and disabled; and migrants, refugees, and unhoused people. Clinical discussions cover trauma-informed care; developmentally appropriate care across the lifespan; gender affirmation in the context of eating disorders, substance use disorders, pregnancy, and serious mental illness; care in the settings of incarceration and gender identity conversion efforts; systems-level change; collecting gender identity information in electronic health records; and building gender-affirming clinical environments--

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