

coaching to the human soul ontological coaching and deep change vol 1

****Coaching to the Human Soul: Ontological Coaching and Deep Change Vol 1****

coaching to the human soul ontological coaching and deep change vol 1 explores a profound approach to personal and professional transformation that transcends traditional coaching methods. This concept delves deep into the very essence of human existence, focusing on the nature of being, language, emotions, and embodiment. Unlike surface-level coaching techniques aimed solely at goal-setting and behavior change, ontological coaching invites individuals to engage with their inner world, fostering deep and lasting change from the core of their identity.

If you've ever felt that typical coaching sessions leave you wanting something more meaningful or authentic, ontological coaching might be the key to unlocking that next level of growth. Drawing from philosophy, linguistics, and psychology, it offers a holistic framework that invites clients to reflect on how their way of being shapes their reality. In this article, we'll explore the essential principles behind coaching to the human soul, unpack the powerful insights from ***Ontological Coaching and Deep Change Vol 1***, and discuss how this approach can catalyze transformation in your life or practice.

What is Ontological Coaching?

Ontological coaching centers on the study of "ontology," which is the philosophical inquiry into the nature of being. It moves beyond simply changing behaviors or habits and instead encourages exploration of how people perceive themselves and their world. At its core, ontological coaching asks: ***Who am I being?*** and ***How does my way of being enable or limit what I can create in my life?***

The Foundations of Ontological Coaching

The approach is grounded in three primary dimensions:

- **Language:** How we speak shapes our reality. The words and narratives we use influence our perceptions, decisions, and actions.
- **Emotions:** Emotions are not just reactions but ways of perceiving and interacting with the world. Recognizing and transforming emotions opens new possibilities.

- **Body:** Our physical presence and posture affect how we feel and engage with others. Embodiment practices bring awareness to this critical aspect.

These dimensions interact dynamically, creating a framework where shifting one can lead to profound transformation in the others. This interconnectedness is a key insight found in *Coaching to the Human Soul Ontological Coaching and Deep Change Vol 1*.

Deep Change: Beyond Surface-Level Transformation

One of the most powerful concepts in ontological coaching is the idea of deep change. Unlike quick fixes or habit adjustments, deep change involves transforming the underlying structures of how we understand and relate to ourselves and the world around us.

Why Deep Change Matters

Many coaching models focus on external outcomes — achieving a goal, increasing productivity, or changing a specific behavior. While these are valuable, they may not address the deeper reasons why old patterns persist or why certain challenges continue to arise.

Deep change addresses these root causes by:

- Challenging limiting beliefs and narratives
- Revealing unconscious emotional patterns
- Encouraging new ways of being and relating

This process often leads to lasting transformation because it shifts the foundation upon which behaviors and thoughts are built.

How Ontological Coaching Facilitates Deep Change

In *Ontological Coaching and Deep Change Vol 1*, the author presents techniques and insights that help coaches and clients engage in this level of transformation. Some key approaches include:

- **Reflective Dialogue:** Engaging in conversations that uncover hidden assumptions and open new perspectives.
- **Somatic Awareness:** Practices that connect body and mind, helping clients notice and shift physical patterns linked to emotional states.
- **Language Play:** Exploring how changing the way one speaks about themselves or situations can create new possibilities.

These methods are designed to support clients in moving beyond reactive or habitual ways of being toward more intentional, authentic, and empowered states.

Integrating Ontological Coaching into Your Life or Practice

Whether you are a coach, leader, or someone interested in personal growth, integrating the principles of ontological coaching can open transformative pathways.

For Coaches

Ontological coaching offers a rich, nuanced toolkit for supporting clients in profound ways. By focusing on being rather than just doing, coaches can facilitate shifts that ripple across all areas of a person's life.

Tips for coaches include:

- Develop deep listening skills that go beyond words to emotions and body language.
- Practice your own ontological awareness to model authenticity and presence.
- Use powerful questions that provoke reflection on identity and way of being.

For Individuals Seeking Change

If you're looking to transform your own life, ontological coaching encourages self-inquiry and mindfulness

to discover who you are beneath your habits and roles.

Try these approaches:

- Notice the language you use about yourself and your challenges; experiment with reframing.
- Pay attention to your emotional responses and explore what they might be signaling about your needs or beliefs.
- Engage in simple body awareness exercises to ground yourself in the present moment.

These practices cultivate a deeper connection to your authentic self and empower you to create meaningful change.

The Impact of *Coaching to the Human Soul Ontological Coaching and Deep Change Vol 1*

This volume has become a significant resource for those interested in transformative coaching because it bridges philosophical depth with practical application. Readers often find that it challenges their assumptions about coaching and human potential, inviting a richer understanding of what it means to truly change.

The book's integration of storytelling, case studies, and exercises makes it accessible while maintaining intellectual rigor. It serves not only as a guide for coaches but also as an invitation to anyone committed to deep personal growth.

Why This Approach Resonates Today

In a fast-paced world filled with distractions and superficial fixes, the call to engage with our inner selves more deeply is growing louder. Ontological coaching answers this call by providing tools to slow down, reflect, and realign with what truly matters.

Moreover, as workplaces and communities seek more empathetic and authentic leadership, coaching models that prioritize being over doing are increasingly relevant.

Practical Steps to Start Your Journey with Ontological Coaching

Starting with ontological coaching doesn't require a complete life overhaul overnight. Here are some simple steps to begin embodying this transformative approach:

1. **Begin a daily reflection practice:** Spend 5-10 minutes observing your thoughts, feelings, and bodily sensations without judgment.
2. **Experiment with language:** Notice recurring phrases or stories you tell yourself and try shifting them to more empowering narratives.
3. **Seek out learning opportunities:** Attend workshops, read books like *Coaching to the Human Soul Ontological Coaching and Deep Change Vol 1*, or connect with coaches trained in this method.
4. **Practice mindful embodiment:** Engage in activities such as yoga, meditation, or simple posture awareness exercises to deepen your connection to your body.
5. **Engage in conversations that matter:** Reach out to trusted friends or mentors and explore discussions that challenge and expand your view of yourself.

Taking these steps can gradually cultivate the presence and awareness needed for deep, ontological change.

Exploring coaching to the human soul through ontological coaching and deep change invites a journey into the very heart of transformation. It reminds us that lasting change is not about quick fixes but about shifting how we exist in the world. For those ready to dive beneath the surface, *Ontological Coaching and Deep Change Vol 1* offers a rich roadmap filled with wisdom, practical tools, and profound insights that can illuminate the path to a more authentic and empowered life.

Frequently Asked Questions

What is the main focus of 'Coaching to the Human Soul: Ontological Coaching and Deep Change Vol 1'?

'Coaching to the Human Soul: Ontological Coaching and Deep Change Vol 1' primarily focuses on ontological coaching, which explores how our way of being, language, emotions, and body influence deep personal transformation and sustainable change.

How does ontological coaching differ from traditional coaching methods according to the book?

Ontological coaching differs from traditional coaching by emphasizing the client's entire way of being—including their language, emotions, and body—rather than just goal-setting or behavior change, facilitating profound and lasting personal transformation.

What role does language play in ontological coaching as described in this volume?

In ontological coaching, language is seen as a creative force that shapes reality; by transforming the language clients use, coaches help them shift their perspectives and open new possibilities for action and change.

Can 'Coaching to the Human Soul' be applied in organizational settings?

Yes, the principles of ontological coaching presented in the book are highly applicable in organizational contexts to foster leadership development, improve communication, and drive cultural and systemic change.

What is meant by 'deep change' in the context of this coaching approach?

'Deep change' refers to a fundamental transformation in a person's way of being, including shifts in their beliefs, emotions, and behaviors, leading to sustainable and meaningful life and work changes.

Who would benefit most from reading 'Coaching to the Human Soul: Ontological Coaching and Deep Change Vol 1'?

Coaches, therapists, leaders, and individuals interested in personal development and transformative change would benefit greatly from the insights and methodologies presented in this book.

Does the book provide practical tools or exercises for ontological coaching?

Yes, the book includes practical tools, reflective exercises, and coaching techniques designed to help practitioners facilitate ontological shifts and deep change in their clients.

How does the book address the connection between emotions and personal transformation?

The book highlights the importance of acknowledging and working with emotions as integral to a person's way of being, suggesting that emotional awareness and management are crucial for enabling deep personal transformation.

Additional Resources

Coaching to the Human Soul: Ontological Coaching and Deep Change Vol 1

coaching to the human soul ontological coaching and deep change vol 1 emerges as a seminal work that delves into the profound dimensions of personal transformation through the lens of ontological coaching. Unlike conventional coaching paradigms that often focus on goal-setting and behavioral adjustments, this volume invites readers and practitioners alike to explore the deeper layers of human existence—our being, language, emotions, and embodiment. The book's approach advocates for a coaching methodology that engages the human soul, facilitating deep, sustainable change that transcends superficial improvements.

This article undertakes a thorough examination of the core concepts, methodologies, and implications presented in **Coaching to the Human Soul: Ontological Coaching and Deep Change Vol 1**. By unpacking its ontological foundations and practical applications, we aim to provide a comprehensive review relevant to coaching professionals, organizational leaders, and anyone interested in transformative personal development.

Understanding Ontological Coaching: Foundations and Philosophy

Ontological coaching, as articulated in this volume, is grounded in the philosophy of ontology—the study of being. This coaching model posits that human experience and behavior are shaped not only by external circumstances but by how individuals interpret and inhabit their existence. Hence, coaching interventions focus on shifting the client's way of being to unlock deeper possibilities.

In **Coaching to the Human Soul**, ontological coaching is differentiated from traditional coaching through its emphasis on three core domains:

- **Language:** How speech acts and narratives shape reality and influence actions.
- **Emotions:** The role of emotional states in framing perceptions and responses.
- **Body:** The physical embodiment of beliefs and emotions, and how posture and physiology affect mindset.

By addressing these intertwined dimensions, ontological coaching facilitates what the book describes as “deep change”—a transformation that permeates the individual's entire way of being rather than merely behavior modification.

The Role of Language in Deep Transformation

One of the book's most compelling insights is the power of language as a creative force. The authors argue that language does more than communicate; it constructs realities. Coaching conversations, therefore, are not just about exchanging information but about enabling clients to reframe their narratives and open new possibilities.

For instance, ontological coaching practitioners are trained to listen for limiting "storylines" clients tell themselves and to introduce new linguistic frameworks that empower alternative perspectives. This approach contrasts with more prescriptive coaching styles that focus on problem-solving without examining the underlying narratives.

Emotional Awareness as a Catalyst for Change

The book also highlights emotional intelligence as central to the ontological coaching process. Rather than suppressing or ignoring emotions, coaches are encouraged to help clients recognize and engage with their affective states. This awareness enables clients to understand how emotions influence their choices and interactions.

Coaching to the Human Soul presents exercises and reflective practices aimed at cultivating emotional literacy. This dimension is crucial for coaches who want to foster resilience and authentic self-expression in their clients.

Embodiment: The Invisible Dimension

A distinctive feature of ontological coaching, as explored in this volume, is the focus on the body as a vessel of deep wisdom and influence. The authors contend that posture, breath, and movement are not merely physical but communicate and sustain particular ways of being.

The book encourages coaches to incorporate somatic awareness into their practice, using techniques that help clients notice and shift embodied patterns. This holistic approach aligns with contemporary neuroscience findings that validate the mind-body connection in behavioral change.

Practical Applications and Methodologies

Beyond theoretical exposition, **Coaching to the Human Soul** provides practical tools and frameworks that coaches can adopt to facilitate ontological transformation. The volume outlines a series of coaching

conversations structured around reflective questions, language shifts, and emotional exploration.

Structured Coaching Conversations

The authors advocate for a coaching process that progresses through stages of:

1. **Observation:** Identifying current ways of being and limiting patterns.
2. **Inquiry:** Deep questioning to uncover underlying beliefs and emotions.
3. **Language Reframing:** Crafting new narratives and commitments.
4. **Embodiment Practices:** Integrating changes through somatic awareness.

This structured approach ensures that coaching sessions are purposeful and directed towards transformative outcomes rather than surface-level fixes.

Integration with Organizational and Leadership Coaching

While the book focuses primarily on individual coaching, its principles have significant implications for leadership and organizational development. Leaders who adopt ontological coaching principles can cultivate more authentic communication, emotional intelligence, and adaptive presence within their teams.

Research cited within the volume indicates that ontological coaching contributes to improved workplace engagement, creativity, and conflict resolution. These outcomes suggest that the methodology is not only philosophically rich but pragmatically effective.

Comparative Perspectives: Ontological Coaching Versus Other Modalities

In the crowded field of coaching, understanding how ontological coaching stands apart is essential. Compared with cognitive-behavioral coaching, which targets thought patterns and behaviors, ontological coaching engages the client's entire being, including existential dimensions.

Similarly, while transformational coaching emphasizes personal growth, ontological coaching explicitly

integrates philosophy and somatics to deepen the impact. This multidimensional approach can lead to more profound and lasting change but may require greater skill and sensitivity from the coach.

Pros and Cons of Ontological Coaching as Presented in the Volume

- **Pros:**

- Encourages deep, sustainable change by addressing core aspects of being.
- Integrates language, emotion, and body for a holistic coaching experience.
- Supports authentic self-awareness and empowerment.
- Applicable in personal, leadership, and organizational contexts.

- **Cons:**

- Requires coaches to have advanced skills in philosophy, emotional intelligence, and somatics.
- May be time-intensive compared to goal-oriented coaching methods.
- Some clients may find the depth and introspection challenging or uncomfortable.

The Significance of Deep Change in Contemporary Coaching Practice

Coaching to the Human Soul: Ontological Coaching and Deep Change Vol 1 arrives at a moment when coaching is evolving beyond tactics and techniques toward a more integrative and human-centered practice. The book's insistence on "deep change" is particularly relevant in today's fast-paced, complex environments where superficial fixes often fail.

By fostering a shift in the client's way of being, ontological coaching addresses root causes of personal and

professional challenges. This approach aligns with current trends in psychology and leadership development that emphasize mindfulness, emotional intelligence, and authenticity.

The volume's contribution lies in articulating a clear, structured pathway for coaches to engage with these dimensions, supported by philosophical rigor and practical guidance.

In summary, *Coaching to the Human Soul: Ontological Coaching and Deep Change Vol 1* stands as a pivotal resource for those seeking to deepen their coaching practice. Its focus on the interplay of language, emotion, and embodiment offers a rich framework for facilitating profound transformation. While demanding in its scope and depth, the promise of ontological coaching to activate lasting change makes this volume a significant addition to the field of personal and professional development.

Coaching To The Human Soul Ontological Coaching And Deep Change Vol 1

coaching to the human soul ontological coaching and deep change vol 1: *The Complete Handbook of Coaching* Elaine Cox, Tatiana Bachkirova, David Clutterbuck, 2010 This comprehensive guide to coaching explores a full variety of coaching theories, approaches, and settings, and offers strategies for the reader to identify and develop a personal style of coaching. Written by leading international authors, each chapter makes explicit links between theory and practice and generic questions will facilitate further reflection on the topic. There are also suggestions for reading and short case studies. This is the first book to explore the differences between the theoretical perspectives of coaching and the links between these perspectives in relation to contexts, genres, and media of coaching.

coaching to the human soul ontological coaching and deep change vol 1: *Handbook of Coaching Psychology* Stephen Palmer, Alison Whybrow, 2018-11-16 The Handbook of Coaching Psychology: A Guide for Practitioners provides a clear and extensive guide to the theory, research and practice of coaching psychology. In this new and expanded edition, an international selection of leading coaching psychologists and coaches outlines recent developments from a broad spectrum of areas. Part One examines perspectives and research in coaching psychology, looking at both the past and the present as well as assessing future directions. Part Two presents a range of approaches to coaching psychology, including behavioural and cognitive behavioural, humanistic, existential, being-focused, constructive and systemic approaches. Part Three covers application, context and sustainability, focusing on themes including individual transitions in life and work, and complexity and system-level interventions. Finally, Part Four explores a range of topics within the professional and ethical practice of coaching psychology. The book also includes several appendices outlining the key professional bodies, publications, research centres and societies in coaching psychology, making this an indispensable resource. Unique in its scope, this key text will be essential reading for coaching psychologists and coaches, academics and students of coaching psychology, coaching and mentoring and business psychology. It will be an important text for anyone seeking to understand the psychology underpinning their coaching practice, including human resource, learning and development and management professionals, and executives in a coaching role.

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Performance Coach Diploma - City of London College of Economics - 3 months - 100%

online / self-paced City of London College of Economics, Overview If you want to learn how to help clients in achieving a specific personal or professional goal by providing training and guidance, then this course is for you. In this diploma course you will learn several kinds of coaching approaches, such as "The Psychodynamic Approach", "The Cognitive behavioural Approach", "The NLP Approach" as well as others to become a professional coach. The study material has been written by leading international authors, each chapter of the book makes explicit links between theory and practice, with questions and case studies facilitating further reflection on the topic. Content There are three parts you have to deal with: - Part 1 explores the theoretical traditions underpinning coaching, such as cognitive-behavioural, gestalt and existential. - Part 2 covers applied contexts, formats or types of coaching, such as developmental, life, executive, peer, team and career coaching. - Part 3 focuses on professional issues that impact on the coach, such as ethics, supervision, continuing professional development, standards and mental health issues. Duration 3 months Assessment The assessment will take place on the basis of one assignment at the end of the course. Tell us when you feel ready to take the exam and we'll send you the assignment questions. Study material The study material will be provided in separate files by email / download link.

coaching to the human soul ontological coaching and deep change vol 1: The SAGE Handbook of Coaching Tatiana Bachkirova, Gordon Spence, David Drake, 2016-11-03 The SAGE Handbook of Coaching presents a comprehensive, global view of the discipline, identifying the current issues and practices, as well as mapping out where the discipline is going. The Handbook is organized into six thematic sections: Part One: Positioning Coaching as a Discipline Part Two: Coaching as a Process Part Three: Common Issues in Coaching Part Four: Coaching in Contexts Part Five: Researching Coaching Part Six: Development of Coaches It provides the perfect reference point for graduate students, scholars, educators and researchers wishing to familiarize themselves with current research and debate in the academic and influential practitioners' literature on coaching.

coaching to the human soul ontological coaching and deep change vol 1: Coaching and Mentoring Simon Western, 2012-07-18 Coaching is often discussed as if it is a new 'profession' without adequate attention to how it has evolved, what underpins its practice or its training methods. Situating coaching in a wider social and historical context, Coaching and Mentoring that contemporary 'coaching theory' is more a collection of models and approaches mostly transferred from psychotherapy theory. Coaching claims to liberate creativity but can also entrap us by individualizing social experience. This vital new book brings a fresh and critical perspective on coaching and mentoring, challenging its normative assumptions and narratives, and proposing an ethical and emancipatory approach that takes it beyond instrumentalism and individualism.

coaching to the human soul ontological coaching and deep change vol 1: Transformational Coaching for Effective Leadership Behnam Bakhshandeh, William J. Rothwell, Sohail M. Imroz, 2023-03-17 The purpose of this book is to introduce the concept of transformational coaching and to educate professional business coaches or managers-as-coaches in their organizations on the influential and relevant elements of Transformational Coaching for Effective Leadership designed for coaching individuals, teams, and businesses or applying such elements in any level of organization development intervention, either toward individuals, teams, groups, departments, or the organization itself. Given the power and long-lasting influence of transformational coaching, it also could be beneficial to professionals in the fields of human resource development (HRD), workplace learning and performance (WLP), human performance enhancement (HPE), and, overall, in the domain of workforce education and development (WFED). This book will start by reviewing the background and presence of transformational coaching in businesses and organizations, along with the general concepts, perceptions, and understanding of coaching. This book will examine the uses of transformational coaching in management and leadership development, human resource development for talent development and retention, and for developing managerial coaching skills and competencies. Additionally, this book will review the presence and use of transformational

coaching concepts, theories, and practices, including transformational learning for human resources (HR) and HRD professionals to influence a workforce's attitude, behavior, and productivity. Features Builds individuals' self-awareness, self-realization, and self-confidence Offers personal and professional development Teaches the concept of transformational learning and its use in transformational coaching Teaches rituals, skills, and strategies for individuals and teams to increase their productivity Offers an approach to building healthy and strong relationships with oneself and others Includes change management strategies for redirecting poor job performance Helps readers implement effective transformational coaching practices by offering many tools, such as forms, checklists, and worksheets

coaching to the human soul ontological coaching and deep change vol 1: A Guide to Formulation in Coaching David A. Lane, Sarah Corrie, Louise C. Kovács, 2025-06-25 Lane, Corrie and Kovács present a foundational text for coaches wishing to improve their coaching practice through use of formulation. A Guide to Formulation in Coaching examines the nature and purpose of formulation and how to develop effective formulations that can inform and improve practice. It combines theoretical perspectives with case studies illustrating its use in different coaching contexts to provide a comprehensive and accessible account of the purpose, perspectives and processes used in formulation. In addition to providing practice-based examples and drawing on the literature, the book provides a series of exercises to enable readers to refine their individual approaches. Practical and accessibly written, this book will be a valuable resource for coaches and coaching psychologists, coaching supervisors and trainers, and academics interested in understanding the role of formulation and how it applies in a coaching context.

coaching to the human soul ontological coaching and deep change vol 1: The Hidden History of Coaching Leni Wildflower, 2013-03-16 This book gives you the real story on who came before us and how we built on the learning to evolve coaching as an emerging profession. It's interesting, exciting, and a little bit scary to see some of the antics that brought us here. Yet the honesty and openness within this book and the commentary by the writer, demonstrates the values and beliefs we hold as coaches. It brings clarity to the past, and it strengthens the framework for what's possible as we continue forward. Diane Brennan, MBA, MCC, Past President International Coach Federation (2008) Leni Wildflower's book provides an answer to the question 'What are the roots of coaching?' This answer contributes to addressing the follow-up questions 'What are the theoretical underpinnings of coaching?' and 'How can the underlying theories shape my practice as a coach?' If you are looking for the answer to any of these questions, read this book. David Megginson, Emeritus Professor of HRD, Sheffield Business School, UK This book is unique. It offers readers both an inside perspective about the names who have made coaching and a critical analysis of the ideas, theories and concepts which have shaped coaching as the leading personal development strategy for the 21st century. Leni's clear writing style offers the reader a ring side seat for this journey through the history of coaching. Professor Jonathan Passmore, Evora University Coaching's greatest strengths and its greatest weaknesses lie in its emergence in different guises, with different philosophies, within a short space of time. In classic Darwinian fashion, it has grown rapidly, but its mongrel origins make it almost impossible to pin down. Hence the continuing problem of conducting meaningful, empirical research, when what you try to measure is constantly morphing. Leni Wildflower has pulled together many of these threads to weave a tapestry of the evolution of coaching theory and practice. Wisely, she seeks to describe rather than evaluate and in doing so has produced a volume that will be of immense value in coach training. David Clutterbuck, David Clutterbuck Partnership, UK As coaches we need to know where our core ideas come from. Furnished with such knowledge we have access to a much more flexible toolkit, and are in a better position to judge where and when to call on one technique rather than another. Many of the psychological theories and therapies, and the social and spiritual movements out of which coaching has evolved, remain relatively unknown and unacknowledged. They constitute our Hidden History. This immensely readable book fills a serious gap in our understanding of the origins of coaching. It is unique in tracking not just the tangled roots of contemporary coaching practice, but also in giving

insights into the founders and developers of these earlier approaches to human development - quirky individuals and brilliant theorists, many with flaws and foibles and heroic personal stories. Fascinating in themselves, these narratives contribute to a richer understanding of our shared principles.

coaching to the human soul ontological coaching and deep change vol 1: Authentic Leadership Effectiveness for Individuals and Teams Tineke Wulffers, 2017-10-31 True leadership has always been more difficult to maintain in challenging times, but the unique stressors facing organisations throughout the world today call for renewed attention to what constitutes truly positive leadership. In **AUTHENTIC LEADERSHIP EFFECTIVENESS for Individuals and Teams** Tineke Wulffers combines the best of academic research, with years of personal experience working with leaders and teams, to offer a practical guide on how to develop this type of leadership effectiveness in real life. This book is divided up as follows: Part I - Definition and impact of authentic leadership - considers the need for authentic leadership, gives an overview of what is generally understood by Authentic Leadership. It also focuses on the impact of leadership authenticity on inter-relational trust, on individual and team authentic leadership effectiveness. Part II - Development of authentic leadership - forms the crux of this book. As the development of authentic leadership requires different considerations to what is mostly espoused in the field of leadership development, considerations and criteria for AL development and AL programmes are discussed. This is followed by a high-level and detailed overview of this specific individual and team ALE programme, which might well be a first. Finally, part II concludes with a detailed, followed by two high-level case studies of the effects of the ALE programme under discussion. Part III - Well-known examples of leaders through the lens of AL - even though AL programmes have not really been available before, such leadership can be developed by means of introspection and commitment to further development during a lifetime of life experiences and work episodes.

coaching to the human soul ontological coaching and deep change vol 1: *Finding Our Story* Larry A. Golemon, 2010-01-31 Helping a community of faith 're-vision' its personal and collective narratives is one of the greatest leadership challenges of the age. In *Finding Our Story*, Larry Golemon, lead researcher of the Alban Institute's Narrative Leadership in Ministry project, has assembled essays by congregational consultants who use the power of story to help congregations heal, strengthen, and reinvent themselves. These consultants describe how narrative therapy works, explore its promise and its challenges, and share the practical wisdom of their own experiences along with their favorite models of narrative change to show how congregations can be transformed by reauthoring the operative stories they live by

coaching to the human soul ontological coaching and deep change vol 1: **Critical Moments in Executive Coaching** Erik de Haan, 2019-05-14 **Critical Moments in Executive Coaching** examines the change process supported by workplace and executive coaching, making use of empirical evidence from the study of a range of real coaching conversations and coaching relationships. It is both a complete handbook that for the first time gives access to a global qualitative research base in the field of executive coaching, and a look behind the scenes into the practice of both inexperienced and experienced coaches, their clients and their commissioners. Erik de Haan allows the reader access to the wealth of Ashridge empirical research in this field to date, alongside prominent research groups around the world. This book provides practitioners with a range of suggestions for their contracts, backed up by qualitative and narrative research. It looks at what research is already telling us about the value of coaching conversations and the impact of critical 'moments of change' in coaching, from the perspectives of coaches, clients, stakeholders and sponsors. The detailed research findings outlined in the book are supplemented throughout by case studies and snapshots of coaching moments as well as practical advice and insights for those working in the field. The book also brings forward innovative new models and concepts for coaches which have emerged from research. **Critical Moments in Executive Coaching** offers an evidence and research-based approach that will be of great interest to coaches in practice and in training, students of both undergraduate and graduate coaching programmes and those who supervise and

commission coaching.

coaching to the human soul ontological coaching and deep change vol 1: Step Up Sailaja Manacha, 2023-07-11 Do you want to mobilize your strengths and realise your potential? Do you wish to be a leader of influence in your team, organisation and community? Do you want to expand your possibilities and be a force to reckon with? If the answer to these questions is in the affirmative, then Step Up offers you frameworks, tools and practices to make this happen. This book is a transformative journey that provides women with the necessary tools to become powerful leaders. Borrowing from the well-known frameworks of Generative Leadership (GL) and Transactional Analysis (TA), the book provides an inside-out approach advocating potent practices that can create effective leadership.

coaching to the human soul ontological coaching and deep change vol 1: Coaching to the Human Soul: The linguistic basis of ontological coaching Alan Sieler, 2003

coaching to the human soul ontological coaching and deep change vol 1: Management Practice and Creative Destruction Steven Segal, 2016-03-09 How do managers and leaders know what to do when they are caught off guard or taken by surprise? How do they create when they do not know what to do next? These are challenges of an organizational world of existential uncertainty; one where the future does not conform to but challenges our expectations and assumptions. Steven Segal demonstrates that creating in a world of existential uncertainty requires a new understanding of the relationship between management inquiry and the lived experience of organizing. Using existential philosophy he demonstrates how moods of concern serve as a framework to integrate management theory and practice, thereby providing a framework for managers, management educators, and consultants to share a common framework. In a globalized free market characterized by unexpected disruptions management inquiry is not a science conducted from an objective distance. The book advocates an existentially reflexive and participant observer perspective to management inquiry. By participating in managing, a felt sense of being a manager develops. Through existential observation new ways of organizing are made possible. It is inquiry from within rather than from an objective distance. Such inquiry opens new doors and opportunities. Existential hermeneutic phenomenology and the free market phenomenon of creative destruction are linked to each other. The former provides a framework to work through the breakdown in conventions of organizing that occur in creative destruction.

coaching to the human soul ontological coaching and deep change vol 1: The Handbook of Existential Coaching Practice Monica Hanaway, 2020-04-08 In The Handbook of Existential Coaching Practice, Monica Hanaway presents a complete introduction to existential coaching, focusing on how coaches can incorporate key skills in all aspects of their practice. Practical and theoretical, the book explores how existential thought can offer a fresh re-orientation of coaching practice that embraces uncertainty, working towards a deeper understanding of the client's world and the challenges they face in the twenty-first century. This comprehensive guide is presented in two parts, bringing together theoretical coaching models and Hanaway's extensive practical experience. In Part 1, Hanaway begins by clearly exploring what is meant by existential coaching and places it in the context of contemporary coaching culture, illuminating the key philosophical elements of the existential coaching approach and the differences between existential coaching and existential psychotherapy. In Part 2, Hanaway draws from her own experience and presents case studies to demonstrate how coaches can build relationships with clients, enabling them to face existential dilemmas in their organisational and social life to become their authentic self. She introduces key existential concepts relating to authenticity, relatedness, freedom, responsibility, values and beliefs, and encourages the reader to explore how these are relevant to the coaching process. The book includes case studies, questioning and reflective exercises to encourage development of good practice and build the skills necessary all the way through a coaching relationship, from contracting to ending. This is the first guide of its kind, with Hanaway playing an instrumental role in the development and growth of existential coaching as well as designing the one of the world's first University-accredited MA programmes. It will be essential reading for coaches in

practice and in training, as well as students and academics of applied philosophy and psychology.

coaching to the human soul ontological coaching and deep change vol 1: Practicing Peace Michael John Wood, 2022-04-07 This book is about the practice of peace in daily life. Although most of us want peace, we often struggle to live it. Someone annoys us and we find ourselves in a vortex of conflict. When we care deeply about something it can be easy to burn relationships if we encounter people whose values differ from ours. We may ask ourselves, How can we make a positive difference in the world without diminishing others or ourselves? Michael Wood explores the practice of peace through the lenses of theology, contemplation, and action. Containing numerous real-life anecdotes, thought-provoking questions, and practical tools, this is a useful resource for anyone who wants to foster peace in their family, workplace, or community.

coaching to the human soul ontological coaching and deep change vol 1: Existential Perspectives on Coaching Emmy van Deurzen, Monica Hanaway, 2012-04-20 Existential philosophies are concerned with reflecting on life and the human condition, helping us to think critically and creatively about the challenges of our lives and how best to meet them. This agenda-setting text illustrates how these ideas can be brought to bear on the practice of coaching. Existential Perspectives on Coaching shows how philosophical concepts can be used to illuminate clients' concerns, conflicts and life choices, and illustrates different ways of helping clients to take stock, reconsider their options and find a new path. Bringing together contributions from leading figures in the existential coaching field, the chapters are divided into three parts: - Part I outlines the essential values which underpin the existential approach and provides a clear framework for coaching existentially. - Part II explores the wide variety of settings in which existentially informed coaching can be used, from leadership and career development to life coaching. - Part III demonstrates how existential ideas can be used alongside other coaching approaches, such as NLP, CBT and Attachment Theory. This text provides a robust foundation for existential coaching and is essential reading for all coaches, trainees, and those interested in the existential approach.

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